

Appendix B

Teaching Students to Take Time-out Appropriately

TEACHING STUDENTS TO TAKE A TIME OUT APPROPRIATELY

Copyright,1997, C. Michael Nelson

Note: You should not assume that students will comply with directions to take a timeout if they have not been taught how to do so. This task analysis is a generic lesson for teaching students to take timeouts. Task steps should be altered according to the characteristics and needs of individual students. Steps should be practiced systematically several times a day until each is mastered. You may use individual or small group instruction.

STEP	CRITERION
1. Imitate correct time out behavior (sitting or standing quietly in designated area), for 10 seconds following demonstration by teacher.	5 consecutive correct trials for 3 consecutive days.
2. Demonstrate correct time out behavior for 10 seconds following teacher instruction during practice sessions.	Same as above.
3. Demonstrate correct time out behavior for 30 seconds following teacher instruction during practice sessions.	Same as above.
4. Same as Step 3, but time out duration is 2 minutes.	Same as above.
5. Take a 5-minute time out within 10 seconds, when instructed to do so by a teacher in a real time out situation.	50% of assigned time outs taken correctly over 5 consecutive days.
6. Same as Step 5.	100% of assigned time outs taken correctly over 5 consecutive days.
7. Take a 5-minute time out within 10 seconds, demonstrating appropriate time out behavior, when instructed to do so by general education teacher. Note: Provide practice steps 1 - 5 if criterion is not met.	50% of assigned time outs taken correctly over 5 consecutive days.
8. Same as Step 7.	100% of assigned time outs correctly taken over 5 consecutive days.

Comments: